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AGREEMENT AND POLICIES CONCERNING THERAPY WITH COUPLES

When working with you, it is expressly understood that my client is both your relationship and each of you as individuals. In order to maintain fidelity to both of you and to your relationship, there are important agreements for us to make.

1) Any information conveyed to me by either of you may be shared by me with the other member of the couple. At times, there arise instances where one partner in a couple wants to tell me something without the other knowing about it. Please do not expect me to keep secrets where doing so jeopardizes the therapeutic work of my relationship with either of you or your relationship. Please be aware that information you choose to share with me that is particularly pertinent to both of you may come out in therapy. This pertains to all verbal, written and phone conversations and messages.

2) If I meet with one or both of you in individual sessions, we will likely share the contents of that meeting with the partner at the next couple's session.

3) All information revealed to me by each of you shall be considered strictly confidential and I will not reveal it to any other person without the mutual consent of both participants, except as described in legal exceptions of "threat of serious harm to self or others" as in the case of child abuse, suicide, or grave disability. Furthermore, each of you waives the right to subpoena me or my records for testimony or production. This further supports my fidelity to both of you and to your relationship, and discourages my taking either side in a legal dispute.

4) The continued participation by each person is voluntary. Either participant may suspend or terminate the therapy at her or his individual request.

I HAVE READ THE ABOVE. I UNDERSTAND AND AGREE TO ABIDE BY THE STATED POLICIES.

Therapist

Client Signature

Date: _____

Client Signature