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AGENCY RECORD

Date _____

Name _____ Social Security # _____

Street Address _____ City _____

Zip Code _____

Birth Date _____ Sex _____

Cell Phone _____ Home Phone _____ WorkPhone _____

OK to leave msg on Cell? – Y/N on Home? – Y/N on Work? – Y/N

Email _____

Emergency Contact Person _____ Relationship? _____

Emergency Contact's Phone # _____

Occupation _____ Grade Completed _____

Spouse _____ Occupation _____

Date of Marriage/Divorce _____

Children (Names / Ages / Dates of Death)

Father _____ Occupation _____

Mother _____ Occupation _____

Siblings (Names / Ages / Dates of Death)

Former Marriages (Dates) _____

Church _____ Pastor _____

Other important persons _____

Previous Counselors _____

Physician _____ Medications now used _____

Significant Illnesses / Injuries / Physical Conditions / Hospitalizations / Etc in Your Life (Dates)

Recent Changes in Your Life

Statement of Problem

For Treatment Planning

Types of Counseling Desired: _____ Individual _____ Marital _____ Family _____ Group

What motivated you to seek therapy now?

Please rate your level of distress in the relevant areas below. Use the following numbers to rate your distress:

0 – None 1 – Very Little 2 – Little 3 – Moderate 4 – Considerable 5 – Very Considerable 6 – Maximum

_____ Depression	_____ Alcohol/other drug use (self)
_____ Suicidal thoughts	_____ Alcohol/other drug use(family)
_____ Suicidal actions	_____ Marital/relationship problems
_____ Anxiety	_____ Sexual problems
_____ Panic attacks	_____ Physical Abuse
_____ Sleep problems	_____ Legal difficulties
_____ Eating disorder	_____ Death of a loved one
_____ Withdrawn behavior	_____ Compulsive gambling
_____ Health problems	_____ Self-esteem problems
_____ Job related problems	_____ Career choice concerns
_____ Financial concerns	_____ Sexual abuse, actual
_____ Domestic violence	_____ Sexual abuse, threatened
_____ Parent-child conflict (self)	_____ Brother/sister problems
_____ Parent-child conflict (other)	_____ Blended family issues
_____ Communication problems	_____ Parental loss of control
_____ Other	_____ Spiritual health

What goals do you want to accomplish in therapy?

Referral

How did you find out about our counseling services?

Who referred you? _____

Relationship _____

Address _____ Phone _____